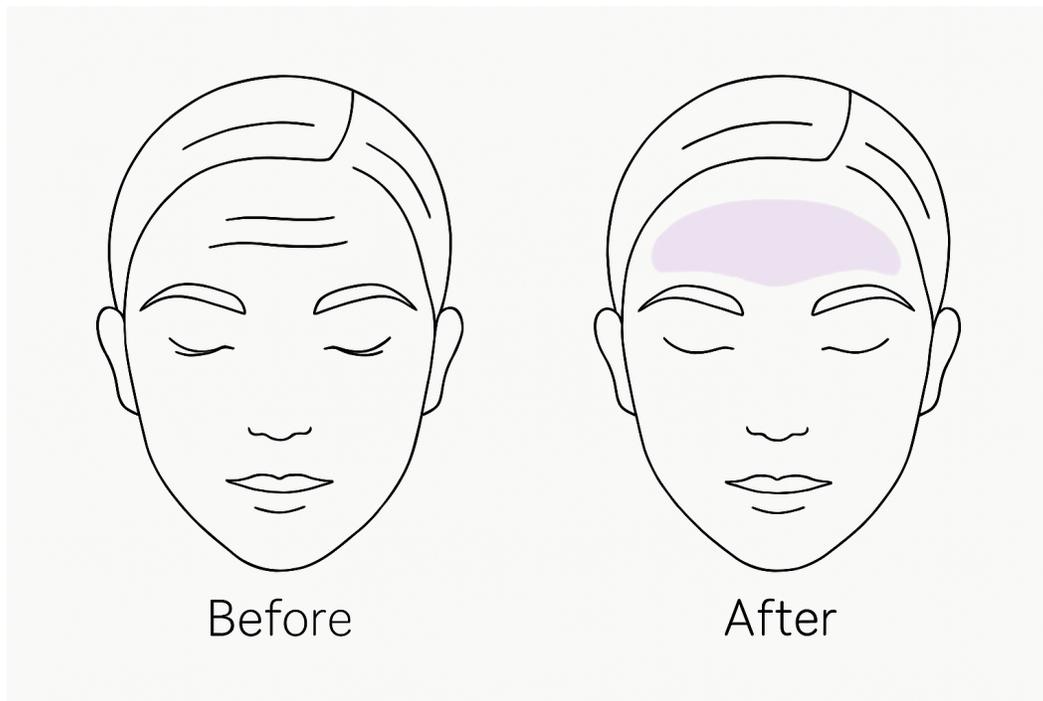


Needle-Free Botox Alternative

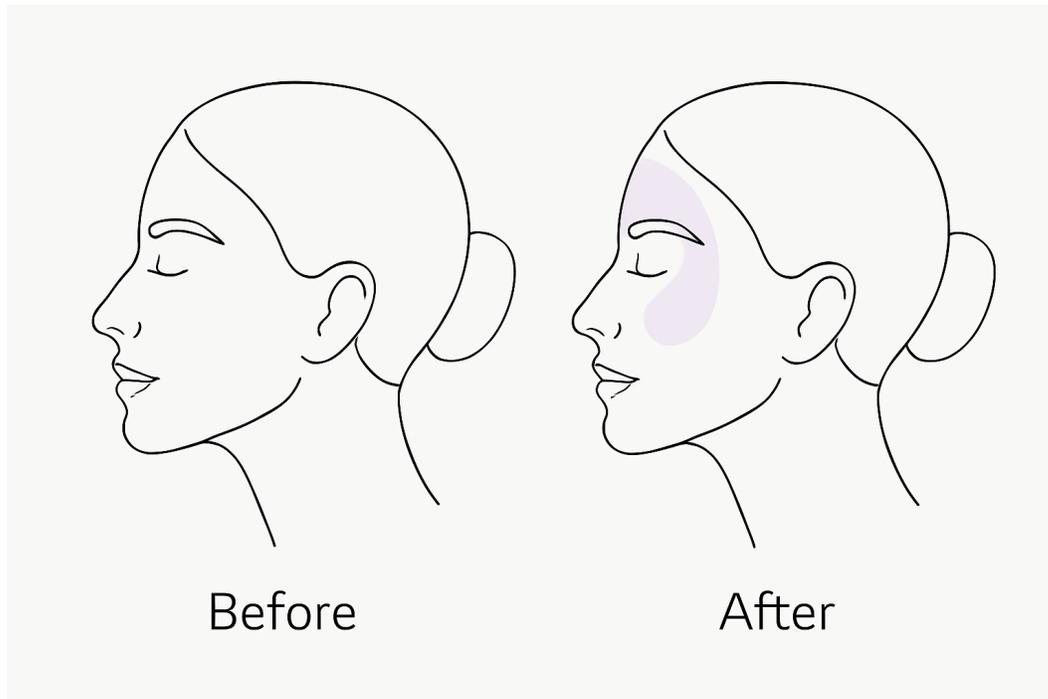
Smoother skin without injections,
downtime or drama

Retinoids & Peptides



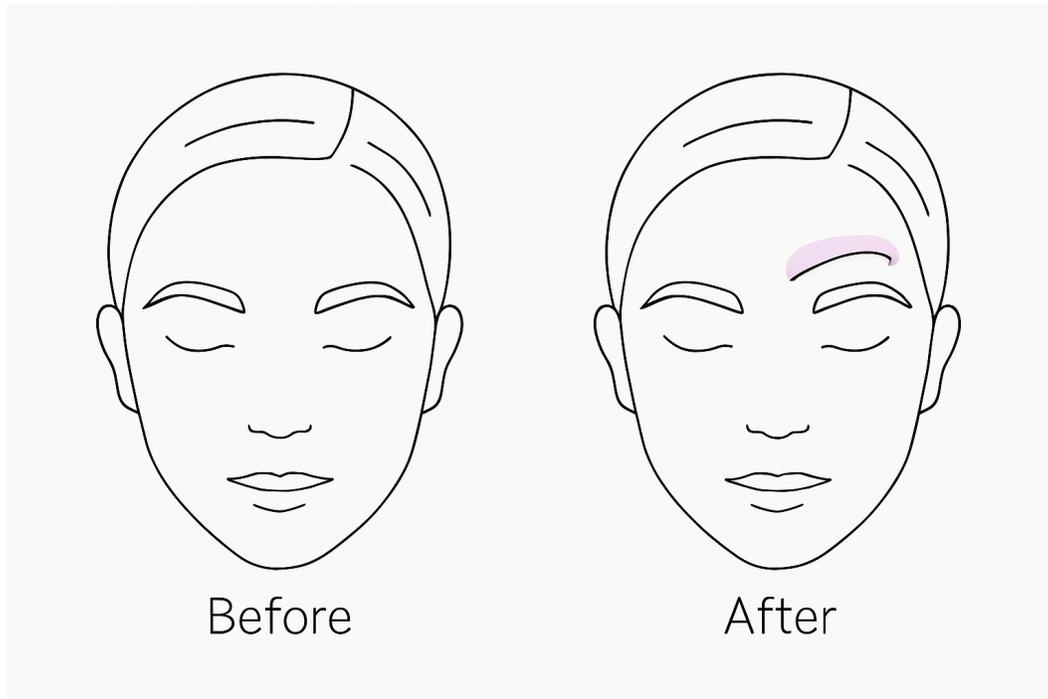
Prescription-strength retinoids (vitamin A derivatives) and peptide-rich serums turn on collagen production, helping fine lines fade and skin look bouncier in 8-12 weeks. Apply a pea-size dose at night, buffer with a simple moisturiser, and wear SPF 30+ daily. Starter pick: 0.3% retinol followed by a ceramide cream.

Microcurrent Devices



Handheld microcurrent wands send a painless lowlevel electric current through facial muscles, training them to sit higher and firmer—think mini workout for your face. Glide the probes with conductive gel for 5minutes, 5x per week. Subtle lift often shows by week4. Consistency is key; results fade if you stop.

Radiofrequency & Ultrasound



Clinicgrade RF or HIFU delivers heat 3-4mm below skin, contracting collagen fibres and jumpstarting new growth. One 30-minute session tightens the jawline and brow over

3-6 months with results that can last a year. Expect mild pinkness but no downtime. Home RF wands exist, yet pro machines remain the gold standard.

LED RednLight Therapy



Red wavelengths (630–670nm) bathe skin in gentle photons that calm inflammation and nudge fibroblasts to lay new collagen. Slip on goggles, relax under the mask for 15minutes, 3x weekly. Great paired with retinoids to reduce irritation. Zero heat, zero downtime—just a warm glow postnsession.

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